

SAVE THE DATE

New Mexico Coalition of Sexual Assault Programs, Inc. presents:

Talking about Sexuality and Sexual Abuse of Individuals with Disabilities

Tuesday & Wednesday, January 22-23, 2019

8:00am – 5:00pm

San Juan Center for Independence

1204 San Juan Blvd., Farmington, NM 87401

- January 22, 2019 focuses on primary-prevention. This training day is for two groups: 1.) Sexual violence primary prevention education providers; and 2.) Staff who specialize in working with individuals with disabilities in New Mexico.
- January 23, 2019 focuses on primary-prevention. This training day is for individuals with disabilities in New Mexico. Primary prevention education providers and staff who specialize in working with individuals with disabilities may also attend.
- Free registration
- *Up to two night hotel reimbursement if traveling more than 70 miles outside of Farmington.
- *Mileage reimbursement (for personal vehicles ONLY from agency city to Farmington)
- Online registration will be available in early December. Announcements forthcoming via email.
- ***Eligible Participants: Approved primary prevention team members, staff from service provider agencies that primarily work with individuals with disabilities, and individuals with disabilities. Limited amount of reimbursement scholarships available. Participant must work in New Mexico.**

PRESENTER:

- **Katherine McLaughlin**, M.Ed. CSE, is a national expert and trains individuals, staff, and parents on sexuality and developmental disabilities. She teaches sexuality education to people with DD/ID as well as trains them to be peer sexuality educators themselves. Katherine is the author of an agency and school curriculum: Sexuality Education for People with Developmental Disabilities, and has developed two online courses; one to train professionals, Developmental Disability and Sexuality 101, and one for parents: Talking to Your Kids: Developmental Disabilities and Sexuality. Katherine has spent her career trying to elevate the status of all people, which is why the new name for her growing company is Elevatus Training.

As a result of the January 22, 2019 workshop, participants will be able to:

- Define sexuality and sexual self-advocacy.
- Explain sexual development and specific issues for people with developmental disabilities including sexual abuse prevention.
- Explain why people with disabilities are vulnerable to abuse.
- Identify our own values and attitudes regarding sexuality and developmental disabilities and how those impact our ability to address this topic.
- List tips and tools to communicate about sexual abuse and sexuality with people with developmental disabilities.

As a result of the January 23, 2019 workshop targeting individuals with disabilities, participants will be able to:

- Define Sexual Self Advocacy and Sexual health.
- Explain the different types of relationships and ways to touch in these relationships.
- Describe effective ways to communicate in relationships.
- List effective steps to move from friend to partner.
- Describe the difference between a healthy and unhealthy relationship.
- Explain what is sexual abuse and ways to stay safe.
- List ways to have a pleasurable and safe sexual relationship.

New Mexico Coalition of Sexual Assault Programs, Inc.

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